

Chart 5.—Hemodynamic effects of phentolamine in patients with circulatory shock. The mean values for 13 patients

fested by a reduction in mean circulation time, an increase in peripheral skin temperature and an increase in urine flow.

We conclude that in selected instances an adrenolytic drug may be used in conjunction with, or in preference to, a pressor amine to improve effective blood flow in circulatory shock.

## **Guiding Volume Repletion in Patients** In Shock by Observation of **Central Venous Pressure**

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In guiding fluid repletion in patients in clinical shock, central venous pressure is the single, most useful measurement currently available. Since peripheral venous pressures may be falsely

high or low in comparison to central venous pressure, care must be taken to assure that the tip of the catheter used for measurement is in a central vein in the thorax, preferably in the right atrium. The early detection of myocardial decompensation, manifested by a persistent increase in central venous pressure to levels exceeding 15 cm of water, is its principal value. Cardiac overloading is prevented during infusion of fluids by avoiding persistent increases in venous pressure exceeding 5 cm of water.

Central venous pressure is not in itself an index of blood volume. In patients who have lost blood or other fluids, the effects of infusions on central venous pressure are variable. Since central venous pressure reflects the relationship between the volume of blood presented to the heart and the competence of the heart, an increase is due either to overloading with fluid or limited competence of the heart as a pump.

Seven patients with acute circulatory insuffi-

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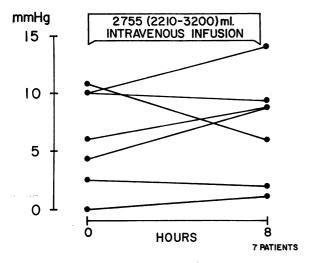


Chart 6.—Changes of central venous pressure after infusion of 2,210 to 3,200 ml of fluid over an eight-hour period in seven patients with circulatory shock.

ciency were successfully treated with fluids in large amounts, averaging 2,700 ml in an eight-hour period without other therapy. Their response to this treatment was a consistent increase in mean blood pressure (72 to 82 mm of mercury), cardiac index (2.6 to 2.9 L/min/M²) and plasma volume (54 to 64 ml per kilogram of body weight). Changes in venous pressure are shown in Chart 6. The inconsistency in effects on central venous pressure emphasizes that venous pressure is not a measure of intravascular volume. However, it is a reliable indicator of the capacity of the heart to accept additional fluid. We recommend that this technique be routinely used for guiding fluid repletion in patients with clinical shock.

## Cerebral Blood Flow in Hemorrhagic Shock

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Hemorrhage summons compensatory mechanisms that assure maintenance of blood flow to vital organs, and especially to the brain. The effect of graded hemorrhage on total cerebral blood flow was investigated. In an experiment with dogs, the blood volume was measured and then the animals were bled at intervals of six hours. Eight per cent of the initial blood volume was removed each time. The blood flow through the carotid and vertebral

arteries was measured by an electromagnetic flowmeter and related to arterial and central venous pressures, cardiac output and femoral arterial flow as observed before and during hemorrhagic shock. Twenty dogs were studied. In dogs, approximately 70 per cent of total cerebral flow is supplied by vertebral arteries. Vertebral blood flow was maintained at a significantly higher level than femoral blood flow. The larger the hemorrhage, the greater the disparity between vertebral and femoral arterial flow values.

Cerebral blood flow is selectively maintained at the expense of nonvital circulation to muscle and skin. Greater attention should be paid to cerebral function than to blood pressure per se, since the blood pressure is a poor index of cerebral blood flow during hemorrhagic shock.

## Newer Methods for Measuring Peripheral Flow in Man

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Because shock, or peripheral vascular collapse, is probably associated with a prolonged inadequacy of peripheral blood flow, it follows that a survey of the perfusion of each of the body tissues during shock would provide important data. Sur-

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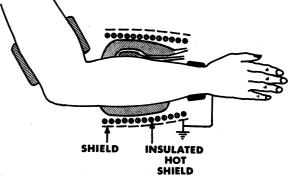


Figure 1.—Use of apparatus for electrocapacitance plethysmography.

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